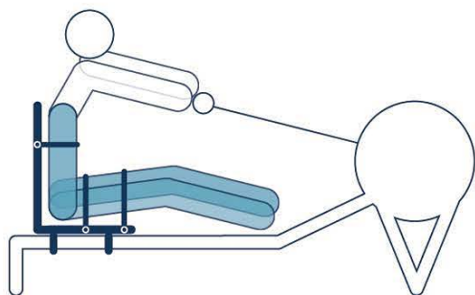
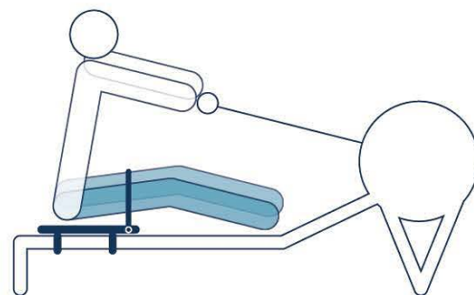


# Para Rowing



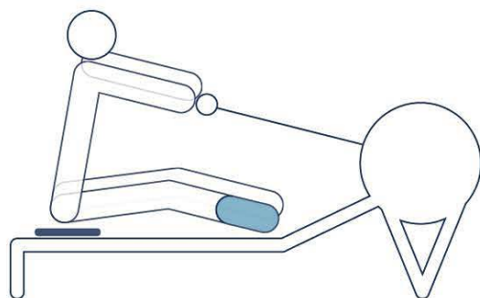
PR1 (Upright Seat)

- Athletes row with their shoulders and arms only due to minimal or no trunk function
- They use strapping around their trunk with optional leg straps for stability in the boat/on the erg



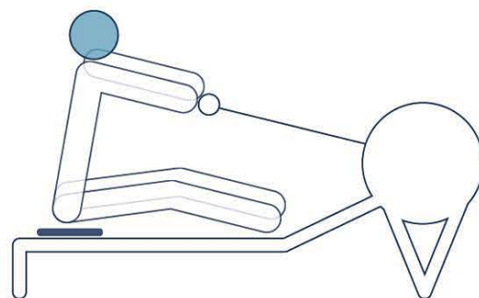
PR2 (Fixed Seat)

- Athletes have trunk and arm movement are unable to use their legs to propel the sliding seat
- They use a fixed seat with optional and lap straps to provide support and stability in the boat/on the erg



PR3 Physical Impairment  
(Sliding Seat)

- Athletes have leg, trunk and arm movement and can utilise the sliding seat
- They will have a physical impairment and meet the minimum impairment criteria



PR3 Visual Impairment  
(Sliding Seat)

- Athletes have leg, trunk and arm movement and can utilise the sliding seat
- They will have a visual impairment and meet the minimum impairment criteria