



Issue Date: Spring 2017/18

## School Events Calendar

### **Championship Regattas 2018**

#### **2-4 March**

Aon North Island Secondary School Championships, Lake Karapiro, Cambridge

#### **3-4 March**

Meridian South Island Secondary School Championships, Lake Ruataniwha, Twizel

#### **19-24 March**

Aon Maadi Cup, Lake Ruataniwha, Twizel

### **Other Events 2018**

#### **18 March**

NZSSRA AGM held after the safety briefing at the Aon Maadi Cup regatta.

Welcome to the 2017/18 Season!

I hope you have all enjoyed a break over the winter period. I am sure you are starting up your learn to row programmes and we welcome your new intake.

### Coaching Conference Support

Rowing NZ held its Coaches Conference "Squaring up to Youth Coaching" during May and the Schools Committee was pleased to support 10 Coaches from School Programmes to attend this event. Each region nominated one coach and we were pleased with the overwhelming positive response to the event. Hopefully it will stand the coaches in good stead for the season ahead.

### Lightweight Not Sanctioned at School Regattas

The New Zealand Secondary School Sports Council (NZSSSC) advised all schools in April that their board has resolved not to provide a sanction for lightweight rowing events at the NISS, SISS and Maadi Cup Rowing Championship regattas.

NZSSSC release available here <http://www.nzsssc.org.nz/newsarticle/47799>

The NZSSSC decision has been informed by the position of International and National rowing bodies, concerns for the health & safety of students and NZSSSC's responsibility to reflect the wishes of the majority of principals of schools that are involved in rowing competitions;

- The International Rowing Federation (FISA), through its medical commission, does not allow junior lightweight rowing
- Rowing NZ Board and Rowing NZ/NZSSRA Schools Committee support the removal of lightweight rowing from school regattas
- The expert medical advice from the British Rowing's Honorary Medical Advisor and Chief Medical Officer for the London 2012 Olympic Games that "excessive weight loss, fasting, or calorie-controlled diets could have a serious effect on the growth and maturation of young people".
- A clear 66% majority of Principals, as members of NZSSRA, voted for the removal of lightweight rowing from school regattas in 2016.

## School Events Calendar

### Local/Major School Regattas 2018

#### 9 Feb – *this event is TBC*

Westlake Boys Junior  
Regatta, Lake Pupuke,  
Auckland

#### 10 February

Head of the Harbour, Lake  
Pupuke, Auckland

#### 17 February

Otago SSRA Head of the  
Harbour, Dunedin

#### 24/25 February

Canterbury Secondary  
Schools Regatta, Lake Hood

#### 10 March

Wanganui School  
Championships, Wanganui

#### 10/11 March

Mercury Junior Regatta,  
Lake Karapiro

## Limits on entries at School Championship Regattas in 2018

The following limits have been approved by the Schools Committee for the 2018 school regattas and the following will be applied at each event:

### 2018 Aon Maadi Cup

- Doubles – 1 crew per event per school
- Singles – 2 crews per event per school
- Lightweight events – zero crews
- All other events – 4 crews per event per school

### 2018 Meridian South Island Secondary School Championships

- Single, Double, Pair, Four and Quad – 2 crews per event per school
- Lightweight events – zero crews
- Eights and Octuples – No Limit

The 2018 Aon North Island Secondary School Championships limits are yet to be approved, we will advise schools as soon as possible. But it is likely they will be similar to the 2017 limits which were:

- Doubles – 1 crew per event per school
- Single, Pair, Four and Quad – 2 crews per event per school
- Eights and Octuples – No Limit

## New Accommodation Option Opening in Cambridge

Some schools struggle to find accommodation options for large groups so we would just like to let you know that a new facility specifically designed for sporting groups will be opening soon in Cambridge. Podium Lodge is an 86 bed facility with different room configurations and options. The contact person is Anne Edgecombe [anne@podiumlodge.co.nz](mailto:anne@podiumlodge.co.nz).

## School Colours – updating your rowsuits

Schools are required to compete in approved colours so if you are updating your rowsuit stock please make sure the colours you have are the ones registered against your school name. Check out [www.schoolrowing.org.nz](http://www.schoolrowing.org.nz) for a list of school colours. If your school is new or would like to change its colours you will also need to contact Sonya at [sonya@rowingnz.kiwi](mailto:sonya@rowingnz.kiwi) and get your new colours approved (this is a quick and easy process and can save you a lot of trouble and dollars should your colours conflict!).

Remember all colours need to be unique to the school (or a boys/girls school pairing) and distinctive from other approved school colours (and where practical distinctive from the club colours approved by the NZRA).

## Updating your Contact Details

If your school has had changes in your sports coordinators or teachers in charge of rowing please email these new details to Sonya so we can provide your school with all the relevant information for the coming season. Any coaches who would also like to receive these updates please also send your details.

