

# ROWING NZ ADVICE TO CLUBS DURING COVID-19 ALERT LEVELS

10 June 2020

## **Updated 10 June 2020**

The [NZ Government has announced](#) that New Zealand is now able to move to Alert Level 1.

- Under Alert Level 1 the disease is contained in New Zealand, but COVID-19 remains uncontrolled overseas.
- The main controls under Alert Level 1 are border restrictions and managed isolation or quarantine for people entering the country.
- Play, active recreation and sport under Alert Level 1 looks like much like it did pre-COVID-19 but with border restrictions.
- There are no restrictions on businesses and services (including hospitality), no restrictions on gathering, no requirements for physical distancing, and no requirements to keep records to enable contact tracing. You should still maintain QR codes or paper tracing methods however where possible, to allow people to log where they have been.
- While none of the public health requirements are mandatory – it is important to remain vigilant and continue to practice good hygiene to minimise the risk of community transmission.
- In Alert Level 1 we should be prepared to quickly move into higher alert levels if we need to.
- As mass gatherings limits are removed, large events such as sports games or tournaments are able to go ahead. Organisers are encouraged to adopt the [COVID Code for the events sector](#) and should be aware they may be asked to postpone or cancel gatherings under the circumstance that a significant outbreak has re-occurred, or if case numbers increase.
- Rowing NZ also remind clubs that any training will still need to be conducted within the guidelines of the Rowing NZ [Water Safety Code](#).
- As we progress through to the beginning of the new summer season we are also asking rowing clubs and programmes to consider carefully the timing of their season start ups, especially as many winter sports will suffer delays in finishing due to COVID. Please see the [Sport NZ Season Transition Guidelines](#) for more information.

## **Further resources to assist can be found below:**

[Sport NZ Alert Level Information at Alert Level 1](#)

[Posters](#) to educate and encourage good hygiene practices

[Worksafe NZ template](#) to develop your safety plans

[Contact Tracing](#) – advice to sports facilities

NZ Government [Alert Level 1](#)

[Hygiene and Sanitation Guidance](#) – for protecting staff and your members

**Disclaimer:** This document has been developed to assist the New Zealand domestic rowing community by informing them of what Rowing NZ consider the best course of action at each Alert Level. The [New Zealand Government](#) and [Ministry of Health - Manatū Hauora](#) directives, guidelines and information supersede any information provided by Rowing NZ. All domestic rowing clubs need to consider their own situations at any given time. A club's decision on whether to allow training needs to be based on the situation in your local area at the time. The following information may assist with determining what rowing club activity may be possible under each Alert Level, but Rowing NZ reiterate it is up to individual clubs to make decisions, based upon their own circumstances and applicable Government directives.

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Alert Level	Risk Assessment	Government Measures <i>can be applied locally or nationally</i>	Rowing NZ Measures Undertaken	Rowing NZ Recommendations for Domestic Rowing Clubs
<b>Level 1</b>  <b>Prepare</b>  Disease is contained in New Zealand	<ul style="list-style-type: none"> <li>• COVID-19 is uncontrolled overseas.</li> <li>• Isolated household transmission could be occurring in New Zealand.</li> </ul>	<ul style="list-style-type: none"> <li>• Border entry measures to minimise risk of importing COVID-19 cases.</li> <li>• Intensive testing for COVID-19.</li> <li>• Rapid contact tracing of any positive case.</li> <li>• Self-isolation and quarantine required.</li> <li>• Schools and workplaces open, and must operate safely.</li> <li>• Physical distancing encouraged.</li> <li>• No restrictions on gatherings.</li> <li>• Stay home if you're sick, report flu-like symptoms.</li> <li>• Wash and dry hands, cough into elbow, don't touch your face.</li> <li>• No restrictions on domestic transport – avoid public transport or travel if sick.</li> </ul>	<ul style="list-style-type: none"> <li>• The Rowing NZ office is open. Some staff may still work from home.</li> <li>• All Rowing NZ Elite and RPC training are taking place with health measures in place.</li> <li>• Rowing regattas are risk assessed and reviewed to determine if they will proceed. Decisions made on a case by case basis.</li> <li>• Meetings, workshops or events and external activities are risk assessed and reviewed to determine if they will proceed. Decisions made on a case by case basis.</li> <li>• Any International travel for Rowing NZ staff and athletes would comply with border restrictions and be risk assessed.</li> <li>• All work-related domestic travel for Rowing NZ staff and athletes is risk assessed and needs to be approved by the CEO.</li> </ul>	<ul style="list-style-type: none"> <li>• All venues and sporting facilities, including clubrooms and gyms, are able to open.</li> <li>• All venues must have a WorkSafe plan in place for safe operation.</li> <li>• Contact tracing is encouraged but no longer mandatory.</li> <li>• Ensure your facility have extensive signage and information regarding precautions for managing COVID-19.</li> <li>• Ensure your facility have an up to date cleaning schedule and adequate provisions to facilitate good hygiene practises. (Especially changing/bathrooms, erg rooms, kitchen facilities and plant especially those shared (boats, oar handles, life jackets, cox boxes etc).</li> <li>• Ensure that any staff and members are properly briefed on all information regarding precautions for managing COVID-19.</li> <li>• All club events or regattas should be risk assessed and reviewed to determine if they will proceed. Decisions made on a case by case basis and on the understanding that postponement or cancellation possible if COVID-19 outbreaks occur. It is recommended that the COVID CODE for the events sector be adhered to.</li> <li>• All workshops, face to face meetings and external activities should be risk assessed and reviewed to determine if they will proceed. Decisions made on a case by case basis.</li> </ul>