

South Island Under 18 Team Selection Guidelines - 2020

The South Island Under 18 selectors will select a team of 8 sweep athletes, 4 sculling athletes and two coxswains (girls and boys) to make up a team of 24 rowers and 4 coxswains. Additionally four coaches will be selected.

The primary focus for the selection is performance on the water, and performance on the ergometer.

The South Island Under 18 Selection Panel will be reviewing the performances of all athletes who have officially nominated to Rowing New Zealand, at the following regattas:

- South Island Secondary Schools Championships
- New Zealand Secondary Schools Championships

South Island Under 18 Trial details:

Dates:	Thursday 9 April (assemble at McRae Lounge, Twizel at 1pm) through to Sunday 12 April. Athletes selected for the South Island Team will stay in Twizel on Sunday 12/Monday 13 and then travel from Twizel to Hamilton on Tuesday 14 April for training and competition which concludes Friday 17 April. Athletes who miss selection will travel home late afternoon on Sunday 12 April)
Activities:	2000m maximum ergometer test (Thursday 9 April) On water seat racing over 1000m
Accommodation:	Lodge - Ruataniwha Rowing, Twizel
Meals:	Provided
Transport:	There will be <i>some</i> transport in mini-vans available from Christchurch for athletes to travel to the trial. Athletes who miss selection will need to arrange their own transport home from Twizel on Sunday 12 April.

The selected team will travel in vans from Twizel to Christchurch and then fly to Hamilton on Tuesday 14 April.

Cost: - Trial \$120 (including GST) payable before the start of the trial. Athletes will not be able to participate in the trial until payment is made.

Cost: - Selected Team \$800 incl GST to attend this Camp/Regatta (note: this is additional to the trial cost).

Competition: South Island Under 18 Camp and Competition against North Island Under 18 Team to be held at Lake Karapiro 16-17 April 2020

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PLEASE READ INFORMATION PACK ON WEBSITE REGARDING THE UNDER 18 REGATTA