

<b>Role Specification</b>	
RPC Winter Coach	
<b>Reports to</b>	RPC Head Coach
<b>Key Relationships</b>	<ul style="list-style-type: none"> <li>- RPC assistant coach</li> <li>- RPC manager</li> <li>- RNZ team coaches</li> <li>- High Performance Coordinator</li> <li>- Coach Development Manager</li> <li>- High Performance Director</li> </ul>
<b>Time commitment</b>	<ul style="list-style-type: none"> <li>- Winter training commences in May and continues through to RPC trials on 23-25<sup>th</sup> August</li> <li>- Weekly load will vary on the RPC and number of people involved. Coaches applying for the role can inform the Head Coach of their time availability.</li> </ul>
<b>Location</b>	<p><b>Auckland RPC</b></p> <ul style="list-style-type: none"> <li>- On water at Waitemata RC, with a winter satellite training group out of a club on the Tamaki.</li> <li>- Ergs and weights vary between Millennium Institute of Sport and local clubs.</li> </ul> <p><b>Waikato RPC</b></p> <ul style="list-style-type: none"> <li>- On water at Waikato RPC, Lake Karapiro</li> <li>- Ergs and weights at the Avantidrome.</li> </ul> <p><b>Central RPC</b></p> <ul style="list-style-type: none"> <li>- On water at Wairau RC, Blenheim with winter satellite training at Wellington RC and in Whanganui.</li> <li>- Ergs and weights at local clubs</li> </ul> <p><b>Southern RPC</b></p> <ul style="list-style-type: none"> <li>- On water at Waimakariri, Christchurch, varying satellite locations based on rowers home venue.</li> <li>- Ergs and weights at Apollo Centre</li> </ul> <p>Dunedin - with Otago University a popular location for rowers to attend a coach is required to oversee all RPC rowers and trialists in Dunedin. These rowers may be from multiple RPCs but will report directly to Southern. On water and ergs at Otago Uni RC.</p>
<b>Remuneration</b>	Each RPC is allocated funding for the winter which includes funding to reimburse coaches for their time.

## Primary Role Purpose

The RPC winter role is an important development space for Rowing New Zealand as it is a direct pathway into the high performance environment. Rowers in the RPC winter programme include U21 and trans-Tasman athletes preparing for competition, as well as RPC rowers who have missed out on an International team. It is also an important environment for those rowers who are in their last year at school or club looking to progress into the RNZ pathway.

As a coach it is important to:

- Have a good understanding of the RNZ athlete pathway and the requirements for being selected into the RPC.
- Good technical knowledge and the ability to communicate the advancements of the rowing stroke.
- Progress crew development, bring rowers together on and off the water and determine trial crew combinations.
- Understand and work with the individual needs of each rower in their development, to assist them in reaching the required RPC standards in a holistic manner.
- Demonstrate and reinforce the RPC and New Zealand Rowing Team culture and values both on and off the water.
- Identify potential progression of athletes and their performance and behaviours in training and racing.
- Work cooperatively with the wider RNZ environment.