

Role Specification

U18 Team Coach

Reports to	Coach Development Manager
Key Relationships	<ul style="list-style-type: none"> - High Performance Coordinator - U18 team manager - U18 coaching team
Time commitment	Eight days total 13 th - 20 th April Trials through to the end of racing
Location	<ul style="list-style-type: none"> - South Island trials in Twizel - North Island trials in Karapiro - Training and racing at Lake Karapiro - Accommodation St Peters Cambridge – both teams

Primary Role Purpose

The U18 team is an athletes’ first exposure to the RNZ system and environment. As a coach it is important to:

- Have a good understanding of the RNZ athlete pathway and communicate the next steps to your crew.
- Demonstrate and reinforce New Zealand Rowing Team culture and values both on and off the water.
- Identify potential progression of athletes and their performance and behaviours in training and racing.
- Work cooperatively with the wider U18 team.
- Bring a crew together over a short period of time both on and off the water.

Key Responsibilities

- Planning: Come into the programme with a plan of sessions you will take with your athletes, the technical focus, work component and when you will coach small boats and big boats.
- Technical application: be competent in your understanding of how a boat moves and develop the athletes to an appropriate level.
- Team work with coaches and manager: Work as a team in the RNZ environment. Work with you fellow coaches and manager as well as the opposition in a transparent and engaging environment. Share knowledge and help each other with areas of strength and weakness.

Skills and Experience

The selectors look at a number of areas when considering coach appointments and can include but are not limited to:

- Self-driven investment in professional development
- Previous coaching experience
- Progressed a school programme showing development of rowers
- Consistent performances with crews producing expected or beyond expected results