

North Island Under 18 Team Selection Guidelines - 2019

The North Island Under 18 selectors will select a team of 8 sweep athletes, 4 sculling athletes and two coxswains (girls and boys) to make up a team of 24 rowers and 4 coxswains. Additionally four coaches will be selected.

The primary focus for the selection is performance on the water, and performance on the ergometer.

The North Island Under 18 Selection Panel will be reviewing the performances of all athletes who have officially nominated to Rowing New Zealand, at the following regattas:

- North Island Secondary Schools Championships
- New Zealand Secondary Schools Championships

North Island Under 18 Trial details:

Dates:	Sunday 14 April (assemble at St Peters School gym at 9:00am) through to Tuesday 16 April. (Athletes selected for the North Island Team will remain at Lake Karapiro for training and competition which concludes Saturday 20 April. Athletes who miss selection will be travelling home at approximately noon on Tuesday 16 April)
Location:	Lake Karapiro
Accommodation	St Peters School Boarding House, Cambridge
Meals	Provided by caterers
Transport	Trialists will be driven to and from Lake Karapiro by minibus
Activities:	2000m maximum ergometer test (Sunday 14 April) On water seat racing over 1000m
Cost: - Trial	\$120 (including GST) payable before the start of the trial. Athletes will not be able to participate in the trial until payment is made.
Cost - Selected Team	\$800 incl GST to attend this Camp/Regatta (note: this is additional to the trial cost).

Competition: North Island Under 18 Camp and Competition against South Island Under 18 Team to be held at Lake Karapiro 19-20 April 2019.

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PLEASE READ INFORMATION PACK ON WEBSITE REGARDING THE UNDER 18 REGATTA