

# ROWING NZ ADVICE TO CLUBS DURING COVID-19 ALERT LEVELS

22 September 2020

## **Updated 22 September 2020**

The [NZ Government has announced](#) that Auckland will move to Alert Level 2 with no extra restrictions at 11:59pm on Wednesday 23 September, and the rest of New Zealand will move to Alert Level 1 at 11:59pm on Monday 21 September.

At Alert Level 1 there are no restrictions on gathering numbers, but contact tracing and good hygiene practices should be maintained. For Aucklanders at Alert Level 2 the gathering restriction is no more than 100 people, and the Government advises Aucklanders should carry these restrictions with them when travelling.

Rowing NZ also remind clubs that are able to remain training, that this training still needs to also be conducted within the guidelines of the Rowing NZ [Water Safety Code](#).

### **Further resources to assist can be found below:**

Sport NZ – [Alert Level Information](#)

[Posters](#) to educate and encourage good hygiene practices

[Worksafe NZ template](#) to develop your safety plans

[Contact Tracing](#) – advice to sports facilities

NZ Government – [Alert Level 1](#) and [Alert level 2](#)

[Hygiene and Sanitation Guidance](#) – for protecting staff and your members

[Mask](#) use advice

**Disclaimer:** This document has been developed to assist the New Zealand domestic rowing community by informing them of what Rowing NZ consider the best course of action at each Alert Level. The [New Zealand Government](#) and [Ministry of Health - Manatū Hauora](#) directives, guidelines and information supersede any information provided by Rowing NZ. All domestic rowing clubs need to consider their own situations at any given time. A club's decision on whether to allow training needs to be based on the situation in your local area at the time. The following information may assist with determining what rowing club activity may be possible under each Alert Level, but Rowing NZ reiterate it is up to individual clubs to make decisions, based upon their own circumstances and applicable Government directives.

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Alert Level	Risk Assessment	Government Measures <i>can be applied locally or nationally</i>	Rowing NZ Measures Undertaken	Rowing NZ Recommendations for Domestic Rowing Clubs
<p><b>Level 1</b></p> <p><b>Prepare</b></p> <p>Disease is contained in New Zealand</p>	<ul style="list-style-type: none"> <li>• COVID-19 is uncontrolled overseas.</li> <li>• Sporadic imported cases.</li> <li>• Isolated local transmission could be occurring in New Zealand.</li> </ul>	<ul style="list-style-type: none"> <li>• Border entry measures to minimise risk of importing COVID-19 cases.</li> <li>• Intensive testing for COVID-19.</li> <li>• Rapid contact tracing of any positive case.</li> <li>• Self-isolation and quarantine required.</li> <li>• Schools and workplaces open, and must operate safely.</li> <li>• No restrictions on personal movement but people are encouraged to maintain a record of where they have been.</li> <li>• No restrictions on gatherings but organisers encouraged to maintain records to enable contact tracing.</li> <li>• Stay home if you're sick, report flu-like symptoms.</li> <li>• Wash and dry hands, cough into elbow, don't touch your face.</li> <li>• No restrictions on domestic transport – avoid public transport or travel if sick.</li> <li>• No restrictions on workplaces or services but they are encouraged to maintain records to enable contact tracing.</li> <li>• QR codes issued by the NZ Government must be displayed in workplaces and on public transport to enable use of the NZ COVID Tracer App for contact tracing.</li> </ul>	<ul style="list-style-type: none"> <li>• The Rowing NZ office is open. Some staff may still work from home.</li> <li>• All Rowing NZ Elite and RPC training are taking place with health measures in place.</li> <li>• Rowing regattas are risk assessed and reviewed to determine if they will proceed. Decisions made on a case by case basis.</li> <li>• Meetings, workshops or events and external activities are risk assessed and reviewed to determine if they will proceed. Decisions made on a case by case basis.</li> <li>• Any International travel for Rowing NZ staff and athletes would comply with border restrictions and be risk assessed.</li> <li>• All work-related domestic travel for Rowing NZ staff and athletes is risk assessed and needs to be approved by the CEO.</li> </ul>	<ul style="list-style-type: none"> <li>• All venues and sporting facilities, including clubrooms and gyms, are able to open.</li> <li>• All venues must have a WorkSafe plan in place for safe operation.</li> <li>• Contact tracing is encouraged but no longer mandatory.</li> <li>• Ensure your facility has signage and information regarding precautions for managing COVID-19.</li> <li>• Ensure your facility has an up to date cleaning schedule and adequate provisions to facilitate good hygiene practises. (Especially changing/bathrooms, erg rooms, kitchen facilities and plant especially those shared (boats, oar handles, life jackets, cox boxes etc).</li> <li>• Ensure that any staff and members are properly briefed on all information regarding precautions for managing COVID-19.</li> <li>• All club events or regattas should be risk assessed and reviewed to determine if they will proceed. Decisions made on a case by case basis and on the understanding that postponement or cancellation possible if COVID-19 outbreaks occur. It is recommended that clubs follow the Sport NZ COVID CODE for the events sector.</li> <li>• All workshops, face to face meetings and external activities should be risk assessed and reviewed to determine if they will proceed. Decisions made on a case by case basis.</li> </ul>

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Alert Level	Risk Assessment	Government Measures can be applied locally or nationally	Rowing NZ Measures Undertaken	Rowing NZ Recommendations for Domestic Rowing Clubs
<p><b>Level 2</b></p> <p><b>Reduce</b></p> <p>Disease is contained, but risk of community transmission remains</p>	<ul style="list-style-type: none"> <li>Limited community transmission could be occurring</li> <li>Active clusters in more than one region. .</li> </ul>	<ul style="list-style-type: none"> <li>People can reconnect with friends/family, and socialise in groups of up to 100, go shopping, travel domestically, if following public health guidance</li> <li>Keep physical distancing of two metres from people you don't know when out in public or in retail stores. Keep one metre physical distancing in controlled environments like workplaces, where practicable.</li> <li>No more than 100 people at gatherings, including weddings, birthdays and funerals and tangihanga.</li> <li>Businesses can open to the public if following public health guidance including physical distancing and record keeping. Alternative ways of working are encouraged where possible.</li> <li>Hospitality businesses must keep groups of customers separated, seated, served by a single person. Maximum of 100 people at a time.</li> <li>Sport and recreation activities are allowed, subject to conditions on gatherings, record keeping, and – where practical – physical distancing.</li> <li>Public venues such as museums, libraries and pools can open if they comply with public health measures and ensure 1 metre physical distancing and record keeping.</li> <li>Event facilities, including cinemas, stadiums, concert venues and casinos can have more than 100 people at a time, provided that there are no more than 100 in a defined space, and the groups do not mix.</li> <li>Health and disability care services operate as normally as possible.</li> <li>It is safe to send your children to schools, early learning services and tertiary education. There will be appropriate measures in place.</li> <li>People at higher-risk of severe illness from COVID-19 (e.g. those with underlying medical conditions, especially if not well-controlled, and seniors) are encouraged to take additional precautions when leaving home. They may work, if they agree with their employer that they can do so safely.</li> <li>Face coverings required on public transport and aircraft (but not inter-island ferries) – school buses and children under 12 are exempt along with passengers in taxis or ride share services and people with disabilities or mental health conditions.</li> </ul>	<ul style="list-style-type: none"> <li>The Rowing NZ office is closed. Staff may be working from home.</li> <li>Elite rowing training is resuming but with strict hygiene/sanitation and contact tracing measures.</li> <li>RPC training as per their respective RPC plans with strict hygiene/sanitation and contact tracing.</li> <li>Regattas will be risk assessed and reviewed to determine if they will proceed. Decisions made on a case by case basis.</li> <li>Meetings, workshops or events are risk assessed. Decisions made on a case by case basis.</li> <li>All work related domestic travel is risk assessed and approved by the CEO.</li> <li>No international travel for Rowing NZ staff and athletes.</li> </ul>	<ul style="list-style-type: none"> <li>All venues and sporting facilities, including clubrooms and gyms, are able to open with limit of 100 people in a defined space, contact tracing and health measures in place. Sport NZ Guidelines <a href="#">here</a></li> <li>All venues must have a WorkSafe plan in place for safe operation.</li> <li>To determine how you will conduct training you will need to assess your club's ability to:             <ul style="list-style-type: none"> <li>Enforce no more than 100 people gathering indoors or outdoors.</li> <li>Ensure high-risk people do not enter the facility.</li> <li>Record the contact information and time of all people accessing the facility.</li> <li>Ensure your facility has signage and information regarding precautions for managing COVID-19.</li> <li>Ensure your facility has an up to date cleaning schedule and adequate provisions to facilitate good hygiene practises. (Especially changing/bathrooms, erg rooms, kitchen facilities and plant especially those shared (boats, oar handles, life jackets, cox boxes etc).</li> <li>Ensure that any staff and members are properly briefed on all information regarding precautions for managing COVID-19.</li> </ul> </li> <li>All club events or regattas should be risk assessed and reviewed to determine if they will proceed. Decisions made on a case by case basis.</li> <li>All workshops, face to face meetings and external activities should be risk assessed and reviewed to determine if they will proceed. Decisions made on a case by case basis.</li> </ul>