# **ROWING NZ ADVICE TO CLUBS DURING COVID-19 ALERT LEVELS**

4 September 2020

## Updated 4 September 2020

The <u>NZ Government has announced</u> that New Zealand remains at Alert Level 2 with Auckland being under some extra restrictions on social gatherings, funerals and tangihanga. This will be in place until at least 11:59pm on Wednesday 16 September.

#### **Restrictions for Auckland Region**

At Alert Level 2 in Auckland, social gatherings can have a maximum of 10 people. Funerals and tangihanga may have up to 50 people and must meet other conditions set by the Ministry of Health.

For those traveling out of Auckland at this time, the <u>Government is encouraging</u> Aucklanders to behave as if you're carrying these restrictions with you and therefore consider not attending gatherings of more than 10 people in other locations.

Rowing NZ also remind clubs that are able to remain training, that this training still needs to also be conducted within the guidelines of the Rowing NZ Water Safety Code.

## Further resources to assist can be found below:

Sport NZ – <u>Alert Level Information</u>	Posters to educate and encourage good hygiene practices	
Worksafe NZ template to develop your safety plans	Contact Tracing – advice to sports facilities	
NZ Government – <u>Alert level 2</u> and <u>Alert Level 3</u>	Hygiene and Sanitation Guidance – for protecting staff and your members	
	Mask use advice	

Disclaimer: This document has been developed to assist the New Zealand domestic rowing community by informing them of what Rowing NZ consider the best course of action at each Alert Level. The <u>New Zealand Government</u> and <u>Ministry of Health - Manatū Hauora</u> directives, guidelines and information supersede any information provided by Rowing NZ. All domestic rowing clubs need to consider their own situations at any given time. A club's decision on whether to allow training needs to be based on the situation in your local area at the time. The following information may assist with determining what rowing club activity may be possible under each Alert Level, but Rowing NZ reiterate it is up to individual clubs to make decisions, based upon their own circumstances and applicable Government directives.

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Alert Level	Risk	Government Measures	Rowing NZ Measures	Rowing NZ Recommendations for Domestic Rowing
	Assessment	can be applied locally or nationally	Undertaken	Clubs
Level 2 Reduce Disease is contained, but risk of community transmission remains Note: Auckland has some extra restrictions on gathering numbers	<ul> <li>Household transmission could be occurring.</li> <li>Single or isolated cluster outbreaks.</li> </ul>	<ul> <li>People can reconnect with friends and family, and socialise in groups of up to 100, go shopping, or travel domestically, if following public health guidance.</li> <li>Keep physical distancing of two metres from people you don't know when out in public or in retail stores. Keep one metre physical distancing in controlled environments like workplaces, where practicable.</li> <li>No more than 100 people at gatherings, including weddings, birthdays and funerals and tangihanga.</li> <li>Businesses can open to the public if following public health guidance including physical distancing and record keeping. Alternative ways of working are encouraged where possible.</li> <li>Hospitality businesses must keep groups of customers separated, seated, and served by a single person. Maximum of 100 people at a time.</li> <li>Sport and recreation activities are allowed, subject to conditions on gatherings, record keeping, and – where practical – physical distancing.</li> <li>Public venues such as museums, libraries and pools can open if they comply with public health measures and ensure 1 metre physical distancing and record keeping.</li> <li>Event facilities, including cinemas, stadiums, concert venues and casinos can have more than 100 people at a time, provided that there are no more than 100 people at a time, provided that there are no more than 100 people at a time, provided that there are no more than 100 in a defined space, and the groups do not mix</li> <li>Health and disability care services operate as normally as possible.</li> <li>It is safe to send your children to schools, early learning services and tertiary education. There will be appropriate measures in place.</li> <li>People at higher-risk of severe illness from COVID-19 (e.g. those with underlying medical conditions, especially if not well-controlled, and seniors) are encouraged to take additional precautions when leaving home. They may work, if they agree with their employer that they can do so safely.</li> </ul>	<ul> <li>The Rowing NZ office is closed. Staff may be working from home.</li> <li>Elite rowing training is resuming but with strict hygiene/sanitation and contact tracing (ImHere™) measures.</li> <li>RPC training as per their respective RPC plans with strict hygiene/sanitation and contact tracing.</li> <li>Regattas will be risk assessed and reviewed to determine if they will proceed. Decisions made on a case by case basis.</li> <li>Meetings, workshops or events are risk assessed. Decisions made on a case by case basis.</li> <li>All work related domestic travel is risk assessed and needs to be approved by the CEO.</li> <li>No international travel for Rowing NZ staff and athletes.</li> </ul>	<ul> <li>All venues and sporting facilities, including clubrooms and gyms, are able to open with limit of 100 people in a defined space (<i>10 people in Auckland Region</i>), contact tracing and health measures in place. Sport NZ Guidelines <u>here</u></li> <li>All venues must have a WorkSafe plan in place for safe operation.</li> <li>To determine how you will conduct training you will need to assess your club's ability to: <ul> <li>Enforce no more than 100 people (<i>10 people in Auckland</i>) gathering indoors or outdoors.</li> <li>Ensure high-risk people do not enter the facility.</li> <li>Record the contact information and time of all people accessing the facility.</li> <li>Ensure your facility have extensive signage and information regarding precautions for managing COVID-19.</li> <li>Ensure your facility have an up to date cleaning schedule and adequate provisions to facilitate good hygiene practises. (Especially changing/bathrooms, erg rooms, kitchen facilities and plant especially those shared (boats, oar handles, life jackets, cox boxes etc).</li> <li>Ensure that any staff and members are properly briefed on all information regarding precautions for managing COVID-19.</li> </ul> </li> <li>All club events or regattas should be risk assessed and reviewed to determine if they will proceed. Decisions made on a case by case basis.</li> <li>All workshops, face to face meetings and external activities should be risk assessed and reviewed to determine if they will proceed. Decisions made on a case by case basis.</li> </ul>