

FREE Livestream coverage of these 2024 Regattas

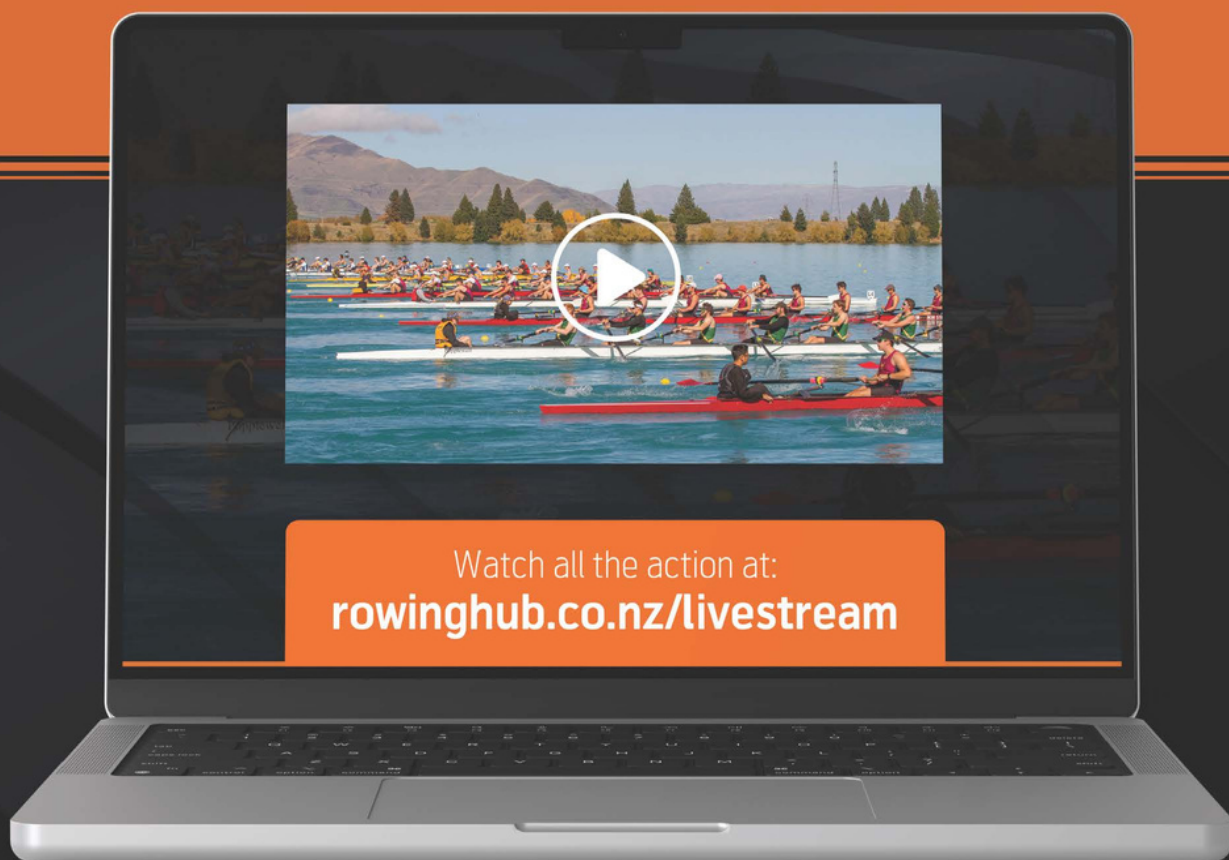
AON
MAADI REGATTA

**NEW ZEALAND
ROWING
CHAMPIONSHIPS**

AON
NORTH ISLAND
SECONDARY
SCHOOL ROWING
CHAMPIONSHIPS

**MERIDIAN
SOUTH ISLAND
SECONDARY
SCHOOL
ROWING
CHAMPIONSHIPS**

AON
NEW ZEALAND
UNIVERSITY ROWING
CHAMPIONSHIPS



Watch all the action at:
rowinghub.co.nz/livestream

Thanks to our partner Milford and our livestreaming producer Altitude HD

rowinghub.co.nz/livestream



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ROWING
NEW ZEALAND



February 2024

Schools

NEWS

www.rowingnz.kiwi

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Hi everyone,

It was great to see so many students competing at the NZ Rowing Championships last week. The weather was amazing and produced some prime racing conditions.

Now that we are well and truly at the pointy end of the season, let's hope the weather plays ball and we can finish the season in style.

Pertanent notices will be placed in the "Notices" section of the regattas on rowit and information will come through in the next Schools Newsletter which will be all about the Aon Maadi Regatta.

Thank you to all of the schools who have been in touch about updating your colours. We now have the most comprehensive and up to date regiser of both club and schools colours as we couldn't have done it without your help.



2024 Important Dates



- Aon North Island Secondary School Championships to be held 1-3 March 2024 at Lake Karāpiro



- Meridian South Island Secondary School Championships to be held 1-3 March 2024 at Lake Ruataniwha



- Aon Maadi Regatta to be held 18-23 March 2024 at Lake Ruataniwha

NISS/SISS Training

We have been informed by Karāpiro Rowing that supervised training will be available on Thursday 29 February between 10am-5pm only.

South Island Rowing have advised that no supervised training will be available and maritime and NZSSRA rules will apply to any crews wishing to train including the carrying of PFD's.

NZSSRA Regulation

The Safety Officer shall not permit any boat on the water until half an hour after official sunrise and later than half an hour before official sunset however these times may be altered by the Chief Umpire if the Chief Umpire is satisfied there is adequate lighting.



Applications for 2024
open soon



Official Livestream Partner

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Coaches Conference

ROWING
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Rowing New Zealand will be holding a Coaches Conference in 2024.

This conference will be held 14-15 September at the Harbourside Function Centre in Wellington. Pencil in these dates and keep an eye out as more details are to come.

If you have any questions, please contact our [Coach Development Team](#).

Upcoming Courses

- **Race Prep/Race Day Nutrition - 29 February**

With Brooke Francis, Christel Dunshea-Mooij & Robbie Manson

"What to eat and when to eat it"

The second rowing-specific nutrition presentation and advice from one of the world's leading nutritionist's, Christel Dunshea Mooij, during which Brooke Francis and Robbie Manson will their unique athlete perspectives.

- **Development Coach Module - 25 March**

The Development Module is an 8-hr workshop looking specifically at components around providing for a development rower. This course is aimed at coaches who have had at least 2-3 years of coaching and are looking to progress to assistant head coach/lead coach roles.

- **Introduction to Rowing Coaching - 2 April**

The Introduction to Coaching Rowing Module is a six hour workshop in total to assist those who are new to coaching rowing with the basics to getting started as a coach.

[REGISTER HERE](#) for these courses.

NZSSRA 2024 AGM

The 2024 NZSSRA AGM will be held straight after the safety briefing at the 2024 Aon Maadi Regatta in Twizel. It will be held at the Twizel Events Centre, Market Place, Twizel.

Rowing Vacancies

If you are looking for the next challenge in your coaching career, check out the [vacancies page](#) on the Rowing NZ website.

All rowing clubs and schools in New Zealand can submit a vacancy to be posted and we have a template for you to complete.

Please contact [Teresa](#) for the template.

"When you feel like you can no longer row with your legs, start rowing with your heart."



North Island Schools Final Reminder

The Check, Clean, Dry process is extremely important for all clubs and schools coming to Lake Karāpiro this season. The Freshwater Gold Clam was found along the Waikato River in May 2023. Overseas, this clam has proved difficult to control and eradication has never been achieved.

These clams reproduce rapidly (able to produce 400 juveniles a day and up to 70,000 juveniles a year) and form large populations that can clog water-based infrastructure such as electricity generation plants, irrigation systems, and water treatment plants.

Please keep up to date with all communications from Rowing NZ, Karāpiro Rowing and the Ministry of Primary Industries for the correct boat and equipment cleaning procedures before you head to Twizel.

More information can be found [HERE](#).

Just a reminder:

- ordinary detergent doesn't work
- bleach, heat or freezing is the only way to clean your absorbent materials
- blast your boats and oars with your hose (you may need to purchase a nozzle or gun attachment)



Maadi

AON
MAADI REGATTA
18 - 23 MARCH LAKE RUATANIWHA 2024



NEWS

www.maadi.co.nz



Aon Maadi Regatta



@aonmaadiregatta



Maadi Merchandise

The 2024 Aon Maadi Regatta Collection is now open for pre-order from our official clothing supplier, 776BC.

Available for pick up at the event.

This collection has you covered on and off the water, with bold designs, ultra-lightweight, sweat-wicking performance fabrics, technical trims, non-slip leg bands and comfy hoodies.

Pre-order now [HERE](#). Open until March 4

Aon Maadi Regatta Logo

For the 2024 Aon Maadi Regatta onwards, we would like schools to use the official regatta title as the word "Maadi" is a trademarked term and shouldn't be used in isolation. Please ensure that all communications are referring to the Aon Maadi Regatta and not the Maadi Cup.

Uniforms should refrain from using the word "Maadi" and rather use the full logo and correct working. We have the versions in the link available in different formats.

The logo should appear separate from the school name/squad name/crew name and any associated sponsors/supporters names or logos.

The logo can not be used for commercial purposes or for purposes outside of **uniform design, banner design or promoting the regatta to your school community.**

Any banners produced by the school for the regatta should use the official logo as a guide if the logo is being included. The logo files can be downloaded [HERE](#).

Any questions on this, can be directed to maadi@rowingnz.kiwi

Best Banner Competition

Prizes will be awarded to the school bringing the best banner to the Aon Maadi Regatta opening parade.

Sunday 17 March

AON
MAADI REGATTA
18 - 23 MARCH LAKE RUATANIWHA 2024



Trophies

Please ensure that all trophies for the NISS/SISS/Maadi Regattas you have on hand, are engraved accordingly, repaired (if they have taken a tumble), polished and returned for this seasons school championship regattas.

- NISS trophies can be dropped off at the Karapiro Rowing Tower.
- SISS trophies can be dropped off at the Secretary's Office.

NORTH ISLAND SCHOOLS

All Maadi trophies need to be transported to Lake Ruataniwha so please take care during transit.