

# SAFEGUARDING CHILDREN

Our sport is committed to a safeguarding culture to ensure that everyone has a safe and enjoyable rowing experience.



## FOLLOW THE FOUR Rs



### 1 RECOGNISE

signs of abuse and neglect.



### 2 RESPOND

to disclosures with compassion, empathy, patience, and courage.



### 3 REPORT

with your organisation and externally. Call 111 if the child is in immediate danger. Contact your Designated Safeguarding Person (DSP) or Oranga Tamariki 0508 326 459.



### 4 RECORD

in detail the incident or interaction for a future referral.

## TYPES OF ABUSE:

The signs & indicators of abuse of a child may not be immediately obvious or identifiable. If you have concerns, contact your DSP.



**1 PHYSICAL**  
Non-accidental act on a child that results in physical harm: beating, hitting, shaking, burning, drowning, suffocating, biting, poisoning or otherwise causing physical harm to a child. Physical abuse also involves the fabrication or inducing of illness.



**2 EMOTIONAL**  
Any act or omission that results in impaired psychological, social, intellectual and/or emotional functioning and development of a child.



**3 SEXUAL**  
Act/s resulting in the sexual exploitation of a child, consensual or not. Sexual abuse can be committed by a relative, a trusted friend, an associate, or someone unknown to the child.



**4 NEGLECT**  
Any act or omission resulting in impaired physical functioning, injury and/or development of a child. May include neglect of a child's basic or emotional needs. Neglect is a lack of action, emotion, or basic needs.



**5 CYBER-BULLYING**  
Intentional, repeated and hostile behaviour online and via cell phones by an individual or group that is intended to harm someone.

## WORKING WITH CHILDREN SAFELY

### YOUR PERSONAL RESPONSIBILITIES

-  Act in the child's welfare & best interests
-  Record & report situations which may give rise to concern from either party
-  Be aware even well-intentioned physical contact may be misconstrued
-  Always make sure training & racing is appropriate for the age & stage of the child
-  Don't use position of power to intimidate, bully, humiliate, threaten, coerce, or undermine a child
-  Don't use status & standing to form or promote relationships which are/may become, inappropriate or of a sexual nature
-  Don't display conduct that would lead any reasonable person to question motivation and/or intentions

### CONTACT & COMMUNICATION WITH CHILDREN

-  Inform colleagues or parents about one-on-one contact beforehand, assessing the need to have them present/close by
-  Obtain consent from parents or caregivers before displaying or distributing images of children
-  Ensure personal social networking sites are set to private & children are never listed as approved contacts
-  Understand that some communications may be called into question and need to be justified
-  Always explain what is happening and seek permission when physical contact is required e.g. first aid or technical guidance
-  Don't meet with a child in a remote, secluded area. One-on-one contact should be avoided
-  Don't take images 'in secret', or take images in situations that may be construed as being secretive or private
-  Don't engage in communication with a child on a one-one-one basis through social media & texting - other than for administration e.g. communicating training times
-  Don't use language or conduct that gives rise to comment or speculation
-  Don't touch a child in a way which may be considered indecent

### CAMPS AND REGATTAS

-  Ensure adults are vigilant in maintaining their privacy and mindful of the need to avoid placing themselves in vulnerable situations, particularly on overnight stays or in changing rooms
-  Use an 'open door policy' if entering a child's room. If possible, have another person present
-  Ensure relevant parental/caregiver consents are sought (e.g. for participation, medical needs, and transportation etc)
-  Don't share bedrooms unless in a dormitory situation & arrangements have previously been discussed with parents or caregivers
-  Don't share beds with a child
-  Don't transport children alone unless prior parental consent has been given

OUR CLUB'S DESIGNATED SAFEGUARDING PERSON IS:

NAME:

NUMBER: